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Positive Parenting In Action: The How-To Guide For Putting Positive Parenting Principles Into Action In Early Childhood



Synopsis

Parenthood is a beautiful journey. We don't have to become adversaries with our children; doing so is very unnatural to our humanity. We are all wired for connection, for closeness, and for love. Positive parenting frees us to move from the traditional parenting roles which create friction and rebellion and allows us instead to move into a more natural role which creates cooperation and peace. The inevitable conflicts that arise in a relationship no longer define the relationship, but serve as stepping stones to greater understanding and connection. There is an abundance of resources available which tell parents why traditional parenting practices are not optimal, but few help parents learn what to do in place of traditional practices. In this book, we'll discuss the principles of positive parenting, and then we will go through more than 40 scenarios to show you what it looks like when these principles are put into action.

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Customer Reviews

Positive Parenting in Action is the book I wish I had had when my oldest was a baby. No healthy parents want to punish their kids. Yet we know that they need guidance and protective limits. There are some excellent books out there now on why we should choose positive parenting. There is also

an impressive amount of research that shows the dangers of punitive parenting. The missing link for so many parents is knowing how to avoid the pitfalls of permissive parenting without using punishments. This book fills that gap. Most moms really don't have the time to digest a lengthy book full of theory. Positive Parenting in Action is a concise 69 pages, 54 of which are devoted to real-life scenarios. But those pages are packed with the essentials: an understanding of brain development and likely motivations behind the behavior, as well as a thorough, eminently practical approach to what you can do about it. What this book is NOT: Fear-based. You aren't going to be threatened with all the possible dire consequences to your child if you don't get it perfect. Permissive. It doesn't just tell you to sit back and relax as your child does something dangerous or inappropriate. It doesn't treat a child's misguided attempts to meet her needs with a pat on the head or syrupy excuses that it is just developmentally appropriate. Punitive. It doesn't set up parents as conquerors of their enemy offspring. It doesn't encourage physical OR emotional forms of punishment. What this book IS: Practical. These are real life situations written by real life moms. Instead of vague generalizations, you get specific examples of 42 different scenarios of 15 behavior areas--everything from safety issues, tantrums, chores and more. Respectful.

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